

**5th Annual Person-Centered and Experiential Seminar and
Encounter Group
(CE Contact Hours Eligible)**

A three-day seminar on Encounter Groups as understood through the lens of Carl Rogers, Client-Centered Therapy, and the Person-Centered Approach.

Live in-person, Location: 1 Milligan Place, New York, NY 10011

Friday, May 3, 2024 7pm

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Sunday, May 5, 2024 12pm

Space is limited to 6 participants

Cost: \$100 nonrefundable fee

Fundamental to the work of the psychologist Carl Rogers, the Person-Centered Approach, and other forms of experiential psychotherapy is the “Encounter Group.” Encounter Groups are a special kind of group experience with no leader, few rules, and no predetermined agenda. One of the basic ideals of the Encounter Group is that members share the responsibilities and privileges of leadership within the group and each member grows to become an equal facilitator within the group experience.

This 5th annual weekend-long encounter group is open to mental health professionals, students, academics, and other interested professionals. Admission is free, but the size of this group is limited so you will need to reserve a spot to participate.

12 CE contact hours for psychologists, approved by New York State, and including 3 contact hours in professional boundaries, are available.

Topics to be covered:

Carl Rogers, Client-Centered Therapy, Person-Centered and Experiential Approaches, Encounter Groups, as well as other forms of Humanistic psychology and psychotherapeutic practice that are considered part of the Person-Centered Approach.

Learning objectives:

- To gain a comprehensive understanding of the history, theory, and practice of: Carl Rogers, Client-Centered Therapy, Person-Centered and Experiential Approaches, as well as other forms of Humanistic psychology and psychotherapeutic practice that are considered part of the Person-Centered Approach.
- To study and practice the Person-Centered and Experiential clinical group learning process known as the “encounter group.”
- To study and identify the theory of Person-Centered and Experiential psychotherapy as compared with other major psychotherapeutic approaches.
- To study professional boundaries for psychologists from a Person-Centered and Experiential theoretical perspective.

Seminar Schedule:

- Friday, May 3: 7pm to 10pm Lecture
- Saturday, May 4: 9am to 12pm Group Process/ 12pm to 1pm Lunch/ 1pm to 4pm Group Process/ 4pm to 5pm Lecture
- Sunday, May 5: 10am to 12pm Group Process

To attend please contact Dr. Sarton Weinraub, sartonw@gmail.com, 212-989-6086, nypcrc.org

*Sarton Weinraub, PhD is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0224